

# Measures to Protect Against COVID-19

Be cautious of the further spread of the virus

Protect yourself and your loved ones!

## Even after receiving the vaccine...

Continue practicing good, healthy habits to prevent the spread of the virus.

Wear a mask and make sure locations are well ventilated.



Practice coughing etiquette, gargling, washing/sanitizing your hands, refrain from speaking in a loud voice, refrain from talking while eating, and disinfect common-use spaces

Avoid not only the 3'Cs, but the 1 and 2'Cs as well.



Avoid confined spaces, crowded places, and close-contact settings

If you feel even a little sick, get tested or consult with your doctor.



Do not go into work or school. Instead, call and consult with your family doctor or the Examination and Consultation Center

COVID-19 consultation (available 24 hours)



- Examination and Consultation Center 0570-200-218
- General Consultation 0120-109-410 0120-946-199 (Fax)

Think carefully before visiting other prefectures.



Avoid areas where infections are increasing and think carefully about travel.

Information about possible contact with those who have been infected



Tokushima Corona Alert System



Contact App "COCOA"



Actively consider getting the vaccine

Help prevent outbreaks and serious cases



- Expert Consultation 0120-808-308 0120-939-412(FAX)

COVID-19 Vaccine PR Video



● About Tokushima Prefecture COVID-19 (Measures to protect against infection)

PR Videos / Flyers



● Tokushima Prefectural Official Line Account (Personal support for measures to protect against COVID-19)

Information about outbreaks



Infectious Disease Countermeasures Division, Health and Welfare Department, Tokushima Prefectural Government

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